Skills Clinic for ALL Water Volleyball Players

Date: Tuesday, January 31st @ 6:00PM until 8:05 pm

Where: Aerobics Room at Kilaga Springs

**All “new” players who have joined our club within the last six months are *expected* to attend**

**Any player from the club may attend and you are encouraged to do so**

This will be YOUR opportunity to find out what the CORRECT RULES are in volleyball for our club

Topics to be covered:

1. Rules and Best Practices of Lincoln Hills Water Volleyball
2. The importance of good sportsmanship
3. The use and importance of the TRIANGLE offense
4. Basic Offense and Defense
5. Learning basic terms and rules of volleyball
6. **Learning how the system works for advancement to Competitive Ball**
7. Reviewing Policy as far as Net Play
8. Questions about the Steering Committee
9. Questions about both the Red and Blue Ball Sub Committees
10. **Clarify rules about net play, serving, carrying the ball, etc.**

We will be getting into the water at some point during the training. Bring and wear your swimming attire and meet in the Aerobics Room at 6:00pm sharp

**Again, if you are a “new” player, who has joined within the last six months, you are expected to attend the whole session**