

Requesting A Mentor

Any current member may request training with a mentor. The process is as follows:

- 1) The member will contact the Mentor Administrator (currently Harriet Rogers) to request a mentor.
- 2) The Mentor Administrator will arrange for a suitable mentor and contact both the assigned mentor and player with contact details and information on the mentoring/training process.
- 3) Training will normally take place on Tuesday evenings, but arrangements can be made for mentoring during other play times.
- 4) For **Recreational Play** members, the Mentor Administrator will attach the appropriate **Skill Level Evaluation** worksheet for the player to print out and bring to all mentoring sessions.
 - a) The Skill Level Evaluation sheet is used by the mentor and player to track the current level of the player and which of the skills are being worked on for improvement. This is a living document, which is continually being updated as the player improves.
 - b) The member is responsible for retaining this document until the desired skill level is attained and signed off by the mentor.
 - c) At the start of the training sessions, the mentor and player will determine what level and particular skills the player wishes to work on and fill out the Skills Evaluation Sheet.
 - d) During the training sessions, the mentor will initial and date as the particular skill desired is attained.
 - e) Mentors will work with a player up to 4 weeks of training sessions at which time the player may request additional training and/or a new mentor.
 - f) Once the player has achieved the desired Level goal in all skill sets the mentor will record the Level, Date, Mentor Name and Mentor Signature on the bottom of the Skills Evaluation Sheet.
 - g) All members moving from Level 2 to Level 3 will need to meet with the Training Director (currently Mel Switzer) to sign the Skills Evaluation Sheet.
 - h) The member will need to ask the Kilaga Springs Fitness Monitor to place the signed Skills Evaluation in the Water Volleyball Folder behind the desk.
 - i) The Membership Chairman, currently Claudia Berndt, will pick up the signed Skills Evaluation and record the player's level in the membership roster.
- 5) For **Competitive Play**, the member may want to print out the **Competitive Play Skills Guidelines** document found on the website Competitive Play page.
 - a) This document may be used by the member and mentor to discuss current and desired skill levels in the areas requested.
 - b) This document is *not* required to be completed, signed or delivered to the Mentor Administrator.